SEA WATCH FRESH FROZEN CLAM PRODUCTS

Fresh Frozen Raw Sliced Sea Clam Strips are processed from the tongue of the Atlantic surf clam (Spisula solidissima). These unbreaded strips are machanically shucked and sliced to 3/32" they have a strikingly sweet flavor and are ready for your favorite recipe or to be breaded and used as clam strips.

Nutrition Fac	<u>cts</u>
18 serving per container	
Serving size (100g)	
Amount Per Serving	
Calories	<u>70</u>
% Daily V	/alue*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 40mg	12%
Sodium 210mg	11%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 14g	
Vitamin D 1mcg	0%
Calcium 14mg	2%
Iron 2mg	10%
Potassium 104mg	2%
* The % Daily Value (DV) tells you have much in a serving of food contributes to a daily diet. 2 calories a day is used for general nutrition advi	a nutrient 2,000 ce.

Based on SW Sliced Sea Clams -C831

Preserves natural color and texture

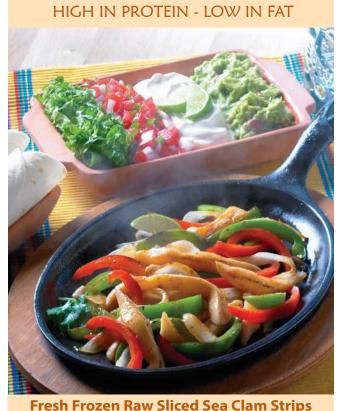
Just thaw and use in any recipe

Use whenever the highest quality clam is required

For menu ideas go to SeaWatch.com







Fresh Frozen Chopped Clams are truly the "next

best to fresh". Select quality sea clams are chopped, washed, drained and then frozen to capture their freshness and flavor. Packed in reseal-able plastic tubs with lids, use what you need and store the remainder in the refrigerator.

QUICK FROZEN preserves natural color and texture

Just thaw and use in any recipe

Use whenever the highest quality clam is required

Menu Applications: Chowders and Soups, Sauces, Dips, Fritters, Cakes, Clams Casino, and Stuffed



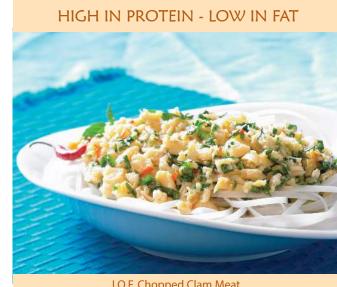


Amount Per Serving Calories	50
	y Value
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 170mg	7%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sug	ars 09
Protein 11g	
Vitamin D 0mcg	0%
Calcium 12mg	0%
Iron 2mg	10%
Potassium 83mg	2%

Based on DC31 Chopped Sea Clams

SEA WATCH FRESH FROZEN CLAM PRODUCTS

I.Q.F. Chopped Clam Meat are surf clams, including the tender tongue - ground and individually quick frozen...an easy alternative to block frozen, canned or fresh clams. I.Q.F. Chopped Clam Meat delivers all the clam meat to the chef or production manager when they need it - without defrosting or opening cans - and with the fresh, full flavor of the surf clam in each I.Q.F. bite!



I.Q.F. Chopped Clam Meat

Fresh, full flavor sealed in every bite!

Available year round- ready to use when you need them!

No mess, no waste!

Includes the whole clam with the tender clam tongue ground to a 1/2" size--- ready to use in chowders, sauces or in any other special recipe

Add directly into your recipe...no thawing time required!



23 serving per container Serving size (100g) Amount Per Serving **Calories** Total Fat 0g Saturated Fat 0g

> 13% Cholesterol 40mg Sodium 210mg Total Carbohydrate 1g 0% Dietary Fiber 0g Total Sugars 1g

> > Includes 0g Added Sugars

Nutrition Facts

70

0%

0%

0%

% Daily Value*

Protein 14q

Trans Fat 0q

Vitamin D 0mcg	0%
Calcium 14mg	2%
Iron 2mg	10%
Potassium 104mg	2%
*The % Daily Value (DV) tells you have m in a serving of food contributes to a daily calories a day is used for general nutrition	nuch a nutrient diet. 2,000 n advice.

Based on SW IQF Chopped Sea Clams

MSC Fishery Certification: F-SCS-0098

Sea Watch MSC Chain of Custody Certification Number: MSC-C-55796

CODE	DESCRIPTION	CASE PACK	GROSS WT.	NET WT.	CASE CUBE	PALLET
D147	Capt Fred Chopped Sea Clams -1/2" (tub)	4/5 lb.	23 lb.	20 lb.	.74	9x6
DC31	SW Chopped Sea Clams -1/2" (tub)	4/5 lb.	23 lb.	20 lb.	.74	9x6
C831	SW Sea Clam Strips -3/32" (tub)	6/5 lb.	33 lb.	30 lb.	1.19	7x6
9831	SW IQF Chop Surf Clams -1/2" (ziplock)	2/5 lb.	11.25 lb.	10 lb.	.57	9x9
9031	Sea Watch IQF Whole Sea Clam Tongues (bag)	1/10 lb.	10.5 lb.	10 lb.	.48	12x10



@Seawatchint

Clams...protein perfected

Versatile

High in Protein

Profitable

