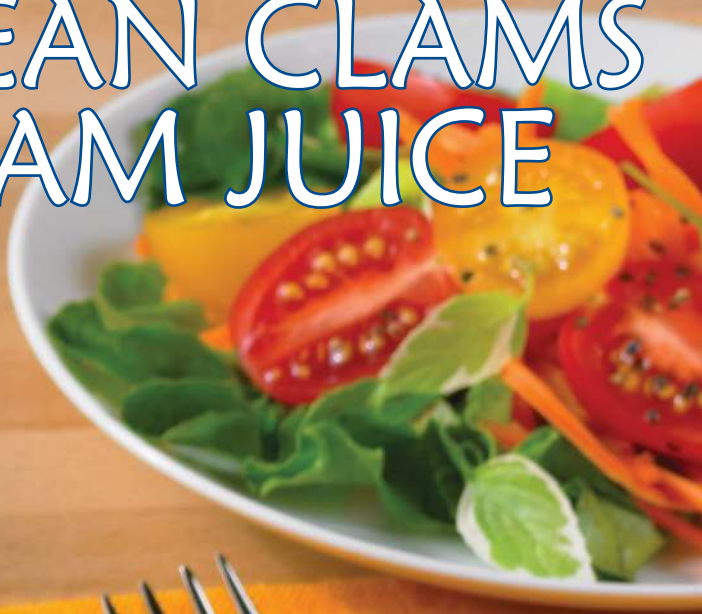


CHOPPED OCEAN CLAMS & OCEAN CLAM JUICE



Clams Risotto made with Chopped Ocean Clams, this and other great clam recipes available at SeaWatch.com



SEA WATCH CHOPPED OCEAN CLAMS & OCEAN CLAM JUICE

Sea Watch Chopped Ocean Clams are a product made from the Ocean Quahog Clam (*Arctica islandica*) harvested in US federally regulated waters. The harvest area is called the "Mid-Atlantic Bight" which is roughly a 40,000 square mile area off the coast of Virginia to Massachusetts between 3 miles and 200 miles offshore. The Ocean Clam has long been considered the work horse of the clam chowder world because of its robust flavor. The Ocean Clam is also a terrific low fat and low cholesterol source of protein.

The Offshore Clam fishery has been managed by the National Marine Fisheries Services since 1976. This fishery is considered by most in the marine science field as one of the best managed fisheries in the world. Under the Magnuson Stevens Act, sustainability is mandated by law.

Robust Flavor	Ready to use
Texture Identity	Profitable Protein
High in Protein	High in Iron and Selenium
Versatile	Low in Fat and Cholesterol

Sea Watch **Ocean Clam Juice** is derived from the processing of fresh clams. The liquid which is released during the processing is cooked, standardized and canned to provide a tremendous shelf stable flavor source for any seafood sauce, soup, chowder or sauté application. Ocean Clam Juice adds the robust flavor of the Ocean Clam to any recipe.

MSC Fishery Certification: F-SCS-0098

Sea Watch MSC Chain of Custody Certification Number: MSC-C-55796

CODE	DESCRIPTION	CASE PACK	GROSS WT.	NET WT.	CASE CUBE	PALLET
03Q31	SW Chopped Ocean Clams	12/51 oz.	45 lb.	38.25 lb.	.94	8x7
0Q31	SW Chopped Ocean Clams	6/51 oz.	23 lb.	19.125 lb.	.48	16x7
03G31	SW Gourmet Chop Ocean Clams	12/51 oz.	45 lb.	38 lb.	.94	8x7
0431	SW Ocean Clam Juice	12/46 oz.	44 lb.	34.5 lb.	.94	8x7

CLAM STUFFED ITALIAN SHELLS



made with Chopped Ocean Clams

Nutrition Facts

About 17 serving per container
Serving size 1/3 cup (85g)

Amount Per Serving	
Calories	25
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 560mg	24%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 11mg	0%
Iron 1mg	6%
Potassium 58mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Based on SW Chopped Ocean Clams



Clams...protein perfected

Profitable

Versatile

High in Protein

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MADE in U.S.A.



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 @SeaWatchSeafood