

# CHOPPED SEA CLAMS & SEA CLAM JUICE



Manhattan Clam Chowder  
made with Chopped Sea  
Clams, this and other great  
clam recipes available at  
[SeaWatch.com](http://SeaWatch.com)



# SEA WATCH CHOPPED SEA CLAMS & SEA CLAM JUICE

Sea Watch **Chopped Sea Clams** are a product made from the Atlantic Surf Clam (*Spisula solidissima*) harvested in US federally regulated waters. The harvest area is called the "Mid-Atlantic Bight" which is roughly a 40,000 square mile area off the coast of Virginia to Massachusetts between 3 miles and 200 miles offshore. The Sea Clam has long been considered the prize of the sea because of its naturally tender texture and sweet flavor. The Atlantic Surf Clam is also a terrific low fat and low cholesterol source of protein.

The Atlantic Surf fishery has been managed by the National Marine Fisheries Services since 1976. This fishery is considered by most in the marine science field as one of the best managed fisheries in the world. Under the Magnuson Stevens Act, sustainability is mandated by law.

<b>Sweet Flavor</b>	<b>Ready to use</b>
<b>Tender Texture</b>	<b>Profitable Protein</b>
<b>High in Protein</b>	<b>High in Iron and Selenium</b>
<b>Versatile</b>	<b>Low in Fat and Cholesterol</b>

Sea Watch **Sea Clam Juice** is derived from the processing of fresh clams. The liquid which is released during the processing is cooked, standardized and canned to provide a tremendous shelf stable flavor source for any seafood sauce, soup, chowder or sauté application. Sea Clam Juice adds the natural flavor of the Sea Clam to any recipe.

**MSC Fishery Certification:** F-SCS-0098

**Sea Watch MSC Chain of Custody Certification Number:** MSC-C-55796

CODE	DESCRIPTION	CASE PACK	GROSS WT.	NET WT.	CASE CUBE	PALLET
01531	SW Chopped Sea Clams	12/51 oz.	45 lb.	38.25 lb.	.94	8x7
0531	SW Chopped Sea Clams	6/51 oz.	23 lb.	19.125 lb.	.48	16x7
0231	SW Sea Clam Juice	12/46 oz.	44 lb.	34.5 lb.	.94	8x7

## CLAMS RASTA PASTA



made with Chopped Sea Clams

### Nutrition Facts

17 serving per container	
Serving size 1/3 cup (85g)	
Amount Per Serving	
<b>Calories</b>	<b>25</b>
% Daily Value*	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g <b>0%</b>	
Trans Fat 0g	
<b>Cholesterol</b> 15mg	<b>5%</b>
<b>Sodium</b> 590mg	<b>26%</b>
<b>Total Carbohydrate</b> 1g	<b>0%</b>
Dietary Fiber 0g <b>0%</b>	
Total Sugars 1g	
Includes 0g Added Sugars <b>0%</b>	
<b>Protein</b> 6g	
Vitamin D 0mcg	0%
Calcium 8mg	0%
Iron 1mg	6%
Potassium 38mg	0%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Based on SW Chopped Sea Clams



Clams...protein perfected

Profitable

Versatile

High in Protein

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MADE in U.S.A.



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