

# SEAFOOD STUFFING



*Improved function and ingredient statement*



# SEA WATCH SEAFOOD STUFFING

## Seafood Stuffing

Sea Watch Seafood Stuffing is a delicious culinary tool that has many applications for a typical menu. We have blended clams, crab and lobster together with breadcrumbs, herbs, spices and a little cheese. The seafood content is over 30% adding great flavor and a tremendous value.

•The preportioned ½ oz seafood stuffing offers strict portion control, just add the desired amount to the item being stuffed

•Use for appetizers or entrees, very versatile

•Looks and tastes like it was made from scratch

•GET STUFFED: Mushrooms, Tomatoes, Potatoes, Fish, Shrimp, Lobster, or Peppers

## READY TO USE



CLEAN LABEL

## PREPARATION INSTRUCTIONS COOK FROM FROZEN OR THAW TO FORM

**CONVENTIONAL OVEN:** Preheat oven to 425°F, bake desired amount for 14½ to 15½ minutes. Cooking times may vary depending on final use of the product. Cook to a minimal, internal temperature of 170°F (76°C).

**CONVECTION OVEN:** Preheat oven to 400°F, bake desired amount for 14 to 15 minutes. Cooking times may vary depending on final use of the product. Cook to a minimal, internal temperature of 170°F (76°C).

*Raw Consumption Advisory: Consuming raw or undercooked shellfish may increase the risk of food borne illness, especially for individuals with certain medical conditions.*

Sea Watch will make a custom seafood stuffing for you.  
Volume requirements based on formulation and packaging.

## Nutrition Facts

160 serving per container  
Serving size 2 nuggets (28g)

Amount Per Serving  
**Calories 70**

	% Daily Value*
<b>Total Fat</b> 5g	<b>6%</b>
Saturated Fat 1.5g	<b>8%</b>
Trans Fat 0g	
<b>Cholesterol</b> 10mg	<b>3%</b>
<b>Sodium</b> 180mg	<b>8%</b>
<b>Total Carbohydrate</b> 4g	<b>1%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 3g	
Vitamin D 0mcg	<b>0%</b>
Calcium 44mg	<b>4%</b>
Iron 0mg	<b>0%</b>
Potassium 14mg	<b>0%</b>

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

CODE	DESCRIPTION	CASE PACK	GROSS WT.	NET WT.	CASE CUBE	PALLET
INS31	SW Seafood Stuffing	2/5/1/2 oz.	11 lb.	10 lb.	.48	12x10

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Clams...protein perfected

Profitable

Versatile

High in Protein

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MADE in U.S.A.

